

## Café Menu

### Salads

\$5.75 House: Mixed greens with carrots, tomato, cucumber, red onion, & croutons

\$7.25 Hartley: Apples, craisins, & walnuts over mixed greens with balsamic vinaigrette & crumbly blue cheese

\$7.75 Pinkerton: Grilled chicken breast over mixed greens topped with avocado, tomatoes, & bacon

\$7.75 Buffalo: mixed greens with chicken fingers, tomatoes, onions & mozzarella with spicy ranch

\$7.75 Greek: Mixed greens, cukes, tomatoes, red onions, feta, peppers, olives, & chicken.

\*Dressings: Balsamic vinaigrette, Bacon vinaigrette, Ranch, Creamy Pepper, Greek vinaigrette

**Sandwiches** *made to order and served on your choice of Kith & Kin bread.*

\$7.25 Deli: Ham or turkey on choice of bread

\$7.25 Catch: White Albacore tuna and American cheese on grilled bread

\$7.75 Club: Turkey with lettuce, tomato, & bacon

\$7.25 BLT: Bacon, lettuce & tomato

\$7.25 The GC with BT: Grilled cheese, bacon, & tomato

\$7.75 Reuben: Corned Beef, sauerkraut, Swiss cheese, & thousand island dressing served on rye

\$7.50 Meatballs in the Grass: Meatballs with spinach, sautéed peppers & onions topped with melted mozzarella

\$7.75 The Athena: Grilled chicken topped with spinach, tomato, & feta on a roll with olives

\$7.75 Chicken Cobb: Grilled chicken breast with lettuce, tomato, avocado, bacon, red onion, on a roll spread with mayonnaise

\$8 Sub: Grilled Chicken, Chicken Finger, Ham, Turkey, or Tuna on a sub roll with cheese and toppings

### Burgers

\$7.25 Burger: Hand-formed burger, (substitute veggie burger as vegetarian option)

\$8.25 Blue Burger: Hand-formed burger, bacon, blue cheese, & sautéed mushrooms

\$8.25 Cowboy Burger: sautéed onion, bacon, BBQ sauce, & cheddar cheese

\$8.25 Onion Burger: Swiss cheese & onion jam

\$8.25 Bruschetta Burger: tomatoes, garlic & mozzarella

### Wraps

\$7.25 Chicken Caesar: grilled chicken, lettuce, tomatoes, Caesar dressing, & parmesan cheese

\$7.25 Turkey: turkey, cheddar cheese, tomato, & bacon

\$7.25 Chicken Fungi: chicken, bacon, mushrooms, Swiss cheese, & Dijon mayo

\$7.25 Ratatouille: grilled zucchini, peppers, onions, mushrooms, herbs, & mozzarella cheese

### Paninis

\$7.25 Pressed Ham: Ham, cheddar, tomatoes

\$7.25 The Okie Dokie Artichokie: Grilled chicken breast with spinach & artichoke spread

\$7.50 The Gizmo: Turkey, spinach, & feta on sun-dried tomato & rosemary ciabatta roll

\$7.75 Cubano: Ham, pulled pork, onions, Swiss, pickles, & mustard

*\*all sandwiches, burgers, wraps & paninis come with house made chips, sautéed veggies, or mixed greens.*

Fresh cut fries can be substituted for an additional \$1.25.

### From the Fryer

\$8 Chicken Fingers, fries, blue cheese, hot sauce, carrot & celery sticks

\$10 battered or Breaded Haddock, fries, slaw, tartar & dinner roll (Fridays only)

Fresh Cut Fries \$3.50

Fresh Cut Chips \$2

### Soups & Quiche

Cup\$3/Bowl \$5, Cup of Soup & House Salad \$6.25

Slice of Quiche \$2.75

Quiche of the day with a cup of soup or mixed greens \$5.25

### Eggs, etc...

\$3.25 2 eggs & toast

\$4.25 2 eggs, toast, home fries

\$5.25 2 eggs, toast, bacon, ham, or sausage

\$6.25 2 eggs, toast, home fries, bacon, ham or sausage

\$7.25 2 eggs, 2 bacon or sausage & 2 pancakes or French toast

\$7.50 Frittata Italian sausage cooked with peppers, onions, & home fries, with scrambled eggs mixed in, served with toast

\$7.50 Veggie Frittata: sautéed veggies, home fires, missed with scrambled eggs, served with toast.

\$3.50 Breakfast Sandwich: scrambled eggs, cheese, & choice of ham, bacon, sausage, or veggies

\$6.75 3 egg omelet with your choice of cheese, home fries, & toast

### Pancake, etc...

\$4.25 Short stack (2) of pancakes or French toast

\$5.25 Full stack (3) of pancakes or French toast

\$7 Banana stuffed French toast: honey oat bread French toast, stuffed with fresh bananas

\*add ins: apples, blueberries, bananas, chocolate chips, walnuts, raisins—\$.50/pancake or French toast

### Sides

\$2.25 home fires \$1.75 toast

\$2.75 bacon, ham or sausage

*We serve Pepsi and Snapple products*

# KITH & KIN BAKESHOP & BISTRO

100% GLUTEN FREE

6429 Dysinger Road

Lockport, NY 14094

### Phone

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### Website

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### Email

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### BAKESHOP & BISTRO HOURS

Tuesday—Thursday 9-6

Friday 9-7

Saturday 9-3

Sunday –Monday closed

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## **Bread**

White Sandwich Bread *	\$6.50
Multi-Grain Sandwich Bread	\$6.95
"Un-Real" Rye Sandwich Bread	\$6.95
Honey Oat Sandwich Bread*	\$6.95
Sandwich/Hamburger rolls	\$1/ea.
French bread (6")*	\$2/ea.
Stuffing cubes(12.5/25)	\$5/\$8
Croutons (10oz)	\$4.50

## **Frozen**

Pizza Dough Balls*	\$3.75/ea.
Pizza Crust (9")*	\$4/ea.
Cheese Pizza (9")	\$6.75/ea.
Cheese & Pepperoni Pizza (9")	\$7.75ea
White Pizza (9")	\$6.75/ea.
French Bread Pizza w/cheese (6")	\$5/ea.
French Bread Pizza w/cheese & Pep(6")	\$6/ea.
Stromboli	\$7.75/ea.
Pierogis (5 pieces)	\$4.50/pkg
Lasagna	\$7/ea
Bread Crumbs (10oz)	\$4

## **Cookies/ \$ .90/ea - \$9.90dz**

Chocolate Chip	Cut-outs (prices vary)
Pumpkin chocolate chip*	Chocolate Sandwich
Peanut Butter Blossoms	Oatmeal Raisin*
Biscotti*	Coconut Macaroons
Jubilees*	Mexican Wedding Cakes*
Chocolate Crinkle*	Lemondoodle
Chocolate Sandwich	Molasses Crinkle*
Seasonal	Granola Bars* - \$2.05
Brownies* - \$2.05	Caramel Nut Chews \$ 2.05

## **Pies/Pastries \*please call to order 9" - \$16**

Apple	Lemon Meringue	Seasonal Fruit	Mixed Berry
Cherry	Chocolate pudding	Coconut cream	
Banana Cream		Pie shells (frozen—\$3.75/ea.)	

## **Muffins \$2.25/ea**

Chocolate Chip	Coffee Cake	Blueberry
Carrot*	Orange/cranberry/walnut	Seasonal

## **Cheesecakes 8" \$19.95 9" \$24.95 10" \$29.95**

Plain	Raspberry	Cherry	Chocolate
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***YES! We make special occasion cakes...birthday, graduations, weddings, etc.***

## **Cakes/cupcakes/rolls \*please call to order**

6" -6-8 servings- \$25	8" – 10-14 servings - \$30
10" – 14-18 servings - \$35	12" – 18-24 servings - \$40
¼ sheet – 20-25 serv \$40	½ sheet – 40-45 serv - \$55
½ Cake Roll - \$20	Full Cake Roll - \$32

## **Cupcakes - \$1.95/ea, \$21.45dz**

Angel Food Cake \$2.25/slice	Pie/Cake Slice \$2.75
Cake Bites \$1	Cream Puff \$2

## **Cake Flavors**

Toasted Almond*	Red Velvet	Carrot*	
Vanilla*	Marble*	Chocolate*	Banana

## **Frosting Options**

Vanilla*	Chocolate *	Peanut Butter	Almond*	Mint*
Cream Cheese*	Orange*...many more!			

*Some of our products happen to be dairy free. We have tried to denote them by an \* Please let us know about other allergies.*

## ***We have Gift Certificates available***

Prices subject to change according to market price fluctuations.

**Storage of Bread/rolls...**All of our products are ***preservative free***. We recommend enjoying your bread/rolls on day one, but should be placed in the freezer within 3 days to enjoy at a later date. They will typically last at least 1 month or more in the freezer. Breadcrumbs are dried and are best kept in the freezer for up to 1 month or more to maintain freshness. Croutons are also completely dried and should be kept in a cool, dry, (not the refrigerator), place for up to 1 month or more.

**Pizza...**All of our crusts are par-baked. We recommend bringing to room temperature, remove all packaging materials, & place directly on your oven rack, (if free of gluten. If not, place on a baking sheet). Ovens can vary greatly, but we recommend 400 degrees for 10-15 minutes.

**Stromboli...**All of our Stromboli are a raw products. Thaw, remove from plastic, place on pan and bake at 350 degrees for 20-25 minutes.

**Pierogies**(Potato cheese, Potato onions, or kraut)... Bring water to boil, boil pierogies until they float. Saute in pan with butter and onions. Server with sour cream or red sauce.

**Lasagna...**The lasagna is fully cooked and can be reheated in the microwave in the same container you purchased it in. Every microwave is different, so cook times will vary.

**Muffins/cookies/etc...**Our plastic containers are not airtight, so we suggest you enjoy your goodies right away, or transfer them to an airtight container of your own.

## **Our Gluten-Free Story**

Over 10 years ago our 3 children, Liam, Keegan, and Morrin, were all diagnosed with celiac disease. This is how our gluten free journey began.

It was a relief to finally find out what was causing so much pain and discomfort in our children, but we were overwhelmed with changing our diets. We started shopping for gluten-free food, and were dismayed at what we found...crumbling bread and cardboard pizza crusts that cost a fortune. Tim and I looked at each other and knew we had to come up with something.

So, we started working on making our own gluten-free creations. After years of trial and error, we were ready to share with our ***Kith & Kin***.